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Nicotine should not be blamed for smoking related deaths, says Association of Vapers India



The Association of Vapers (AVI) India has revealed that nicotine found in cigarettes should not be blamed for smoking-related deaths. On Saturday, the AVI stressed that nicotine is not the cause of the deaths that occur due to smoking. Reports are there that the government is thinking of banning e-cigarettes in the country owing to the limited awareness that the people of the country have on benefits of vaping over smoking. So, AVI felt that it should come forward and make it clear that nicotine is not behind the smoking-related deaths.





Although Nicotine is addictive, it is not deadly; rather the burning tobacco and the harmful substances that are inhaled during smoking are the main cause of smoking-related deaths. Director of AVI, Samrat Chowdhery said that there is a widespread misconception among people about the health risks of vaping and this has pushed many Indian states to ban e-cigarettes thus depriving smokers of a safer way of consuming nicotine. According to Chowdhery, this vaping misconception is not limited to India as elsewhere also people have negative perceptions about e-cigarettes.

An e-cigarette is an electronic device that gives people the feeling of tobacco smoking without releasing any harmful toxic substances. The e-cigarettes contain nicotine, propylene glycol, glycerin and other flavorings and are operated by battery. When people smoke an e-cigarette, only nicotine is produced instead of tar and other toxic chemicals that are released by traditional cigarettes. Using e-cigarettes is termed as vaping as vapor is inhaled by the user.

AVI said in a statement that although nicotine is addictive but will not harm the health unlike tar and other carcinogen formed from the burning of tobacco in traditional cigarettes. FDA Commissioner Scott Gottlieb had once said in a meeting that It is not nicotine, rather the other chemical compounds in tobacco and the smoke created by setting tobacco on fire, that directly and primarily cause the illness and death.